

Valley View Charter Montessori Cross Country 2021

All students, in grades 2-8, are eligible for the Valley View Cross Country Team! The season will begin with our first practice on Monday, August 16th, and end on October 12th with the County Finals at the El Dorado County Fairgrounds (not all runners are guaranteed a spot at finals). Meets are on Wednesdays and will start at 3:30 p.m. and end around 5 p.m.

*****Students must turn in all paperwork before they can participate with the team:*****

- Completed Participation Slip below (WE MUST BE ABLE TO READ EMAIL ADDRESS!)
- All paperwork can be found on the VVCM website under Athletics or packets can be picked up in the office.
- We are estimating the cost of offering our Cross Country program to be \$45 per participating student. This cost will cover bus transportation (**one-way to meet only**) a team shirt, and end-of-year pizza party. Please include your donation in the form of cash or check made out to VVCM when you submit the attached forms.

Procedures:

- Practice will be on the VVCM field after school, beginning at 2:15p.m. on Mondays and ending at 3:15p.m and on Wednesdays (early release) from 1:15 to 2:15. We will have an optional practice on Thursdays 2:15-3:15.
- There will be a **sign in/sign out** sheet at each practice and meet. Students need to be picked up/signed out promptly after practices and meets.
- **Buses will be provided for transportation TO all "away" meets.** Parents must provide transportation home from each meet by parents, guardians or other pre-approved adults.
- **Students who are not behaving at practice or not giving effort will be asked to leave the team.**

We look forward to seeing you at practice!

Coach Saura, Coach Maria and Coach Mills

VVCM Cross Country Team Participation Slip (please print neatly)

Student's Name: _____ Teacher: _____

Birthday: _____ Age as of 8/16/21 _____

Email address: _____ (MUST BE LEGIBLE!)

All communication will be done through email. Please make sure we have your correct email address. If you would like to include additional email addresses, please do so on the back of this page. **WE MUST BE ABLE TO READ THE EMAIL ADDRESS PROVIDED!**

T-Shirt Size: YS YM YL YXL Adult-S AM AL AXL AXXL

Parents are welcome to purchase a team shirt for an additional charge of \$12.

FORMS DUE BY AUGUST 18th!!!! This is very important when ordering shirts!

I have read and agree to ALL the above information _____ (Parent Signature)